

## **Pest Core Solutions - Cockroach Treatment – Preparation Guide**

Thank you for choosing **Pest Core Solutions** for your cockroach treatment. Cockroaches are one of the most difficult pests to eliminate, so your cooperation with preparation and ongoing sanitation is essential for successful control.

We use a combination of spray and dust products applied with precision tools into cracks, crevices, around appliances, plumbing, baseboards, and other harbourage areas. We also place insect monitors to track activity. Follow-up treatments approximately 14–21 days later typically include gel bait and additional spot treatments based on remaining activity. Further treatments may be required depending on the level of infestation.

For best results, strict cleanliness and sanitation must be maintained before, during, and after treatment until full control is achieved. We also strongly recommend inspecting or treating all connecting units (grid treatment) in multi-unit buildings to prevent re-infestation.

### **Important Safety Information**

- All people and pets must vacate the unit during spray treatments and for the re-entry period (usually at least 4 hours). No vacancy required when only bait is being used.
- Longer vacancy may be required (up to 24 hours) if you have infants, are pregnant, have respiratory issues, or other health concerns.
- Cover or remove fish tanks/aquariums and turn off all filters and aerators during and after treatment.

### **Before Your Appointment – Preparation Steps**

Please complete the following preparations before the technician arrives:

#### **Access and Clutter Removal**

- Tidy the home as much as possible. Remove unnecessary clutter, trash (inside and outside), and items that are no longer needed.
- Clear floors in closets, bedrooms, and all areas that will be treated.
- Move furniture, boxes, and large items at least two feet (60 cm) away from walls to allow full access to baseboards, cracks, and crevices.
- Unlock all interior doors and rooms for complete access.

#### **Kitchen (Critical Step)**

- Thoroughly clean the kitchen: floors, stove, oven, range hood, countertops, sink, and inside/outside of the dishwasher.
- If able, pull out all appliances and furniture from the walls and clean behind and underneath them.

- Remove everything from all kitchen cupboards and drawers. Place items on a table or raised surface and cover with a sheet or newspaper.
- Wipe the inside and outside of cupboards with a damp cloth. Ensure countertops and sinks are completely clean.

#### Bathrooms

- Clean inside and outside of all cabinets, countertops, sinks, underneath sinks, bathtubs, and inside/outside of the toilet.

#### Throughout the Home

- Vacuum carpets and thoroughly sweep/mop all hard floors.
- Remove all clothes, shoes, and items from closets and place them on beds. Clean closet shelves and floors.
- Place children's toys, pet bowls, and other exposed items in a safe, covered location.
- Inform us in advance of any chemical sensitivities, asthma, severe allergies, young children, pregnant individuals, or other health concerns so we can adjust products or methods accordingly.

#### Day of Service – What to Expect

- Your technician will arrive in a marked Pest Core Solutions vehicle and wear full personal protective equipment (PPE).
- During the Initial Treatment, we apply spray and dust products to harbourage areas and place glue monitors to assess activity.
- Treatment time: 45–120 minutes depending on the size of the home and severity of the infestation.
- Someone 18+ should be present for the initial walkthrough (especially for first-time services). You may leave during the actual application if all areas are accessible.

#### Immediately After Treatment

- Re-entry time: Stay out of the treated areas for at least 4 hours (longer if you have health sensitivities — technician will advise).
- Upon re-entry, immediately open all windows and doors to ventilate the space thoroughly.
- Wipe down all food preparation surfaces, countertops, tables, and exposed dishes with soap and water before use.
- Do not wash or mop baseboards, cracks, crevices, or other treated areas — this allows the products to continue working.
- It is normal to see cockroaches for several days after treatment as they emerge and contact the applied products.

- Maintain strict sanitation at all times: take trash out daily, keep all food (including pet food) in sealed containers, and do not leave crumbs or dirty dishes out.

### **Follow-up Treatment (14–21 Days Later)**

- We will re-inspect monitors and re-treat based on activity level using gel bait, spot sprays, or both.
- Unless heavy activity was noted, it is usually not necessary to empty cupboards again.
- Continued sanitation remains essential. Additional treatments may be required depending on the infestation level.

### **Warranty & Ongoing Prevention**

Your **30-day warranty** begins once control is met (insect monitors show no activity). If significant activity persists within the warranty period, contact us for a follow-up visit. Long-term success depends on maintaining excellent cleanliness and sanitation to prevent future infestations.

### **Questions or need to reschedule?**

Call **613-743-BUGS (2847)** or email [pestcoresolutions@gmail.com](mailto:pestcoresolutions@gmail.com).

We're committed to making your home pest-free safely — thank you for helping us deliver the best results!

**Pest Core Solutions**

Effective Date: March 2026

